



Studies With Laura

Laura Erdman-Luntz, MA, E-RYT(500)

www.StudiesWithLaura.com

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651.649.4495

Engage The Body And Open Your Heart To The Possibilities A Costa Rican Yoga Retreat with Laura Erdman-Luntz

January 24-31, 2009

Apprenticeship Application

General Information:

Ever wanted the opportunity to shadow a master teacher for a week? Here is your chance! If you enjoy anatomy and want to receive more experience “seeing” misalignments, this retreat is for you. You will be Laura’s only apprentice and receive undivided attention for your questions.

You will have the opportunity to choose as to whether you want to take the classes as a student, observe from the sidelines, or occasionally follow Laura around as she notices misalignments and adjusts the students. You will also be able to “debrief” with Laura privately after the first two classes for a total of approximately one hour each day. You may ask questions about the evening class the next day.

The apprenticeship fee is \$750. You will also need to pay the retreat fee.

Personal Information:

Your Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Best Phone Number: _____

Alternate Phone Number: _____

Email: _____



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Tell Laura About You:

Tell me about your yoga experience (how long have you been practicing? What type of yoga do you practice? Who have your major teachers and influential people been?)

How long have you been teaching?

Why do you want to do this apprenticeship?

Why do you want to study with me?

What do you hope to receive from the week-long experience?